



## NALTREXONE HELPS OVERCOME THE CHALLENGES OF RECOVERY

- Blocks effects for opioids and heroin so the addict knows they can't get "high"
- Eliminates cravings for drugs
- Modulates immune system and endorphin release
- Simple in-office procedure with no post procedure recovery time
- Patient can return to work and family on same day
- The reduction in cravings allows the patient to focus on counseling and establishing the new life skills required for long term sobriety instead of the constant daily fight against cravings.
- Naltrexone pellets have been used by over 3000 patients worldwide with no major side effects
- Near 100% success in preventing relapse during active release of medicine (approx. 6 months)
- After 1-2 years of naltrexone pellet therapy, oral therapy can be considered.



### ABOUT DR. WILLIAM NELSON

Dr. William Nelson has over 20 years of experience integrating the latest advances in medical science with time-honored therapies of Naturopathic medicine. He is an expert in Naltrexone

therapy for opiate, heroin, and alcohol addiction recovery, Prolotherapy for non-surgical joint and back pain relief, fatigue due to thyroid and adrenal disorders, bio-identical hormone pellet therapy for men and women, Naturopathic Oncology, IV ozone, neuro emotional technique (NET), and nutritional therapy.

"Over the last five years, I became extremely frustrated and saddened because I couldn't help a loved one that desperately needed help to overcome her heroin addiction. Because of the benefits of Naltrexone pellet therapy, she is now sober and on the road to recovery. This life-saving therapy is ideal for those who desperately want to become drug-free, but have experienced failures in trying to do so that make that goal seem next to impossible. My personal mission is to help other patients and their families the same way I was able to help my family member."



## NATIONAL ADDICTION SERVICES

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[AddictionAZ.com](http://AddictionAZ.com)

### Naltrexone Pellet Therapy

Opiate & Heroin Addiction Recovery



[naltrexpellet.com](http://naltrexpellet.com)

# WHAT ARE NALTREXONE PELLETS AND WHY DO WE USE THEM FOR OUR ADDICTION PATIENTS?

## WHAT IS NALTREXONE?

Naltrexone is a drug that totally blocks the effects of opiates on the brain. An oral form of naltrexone called Revia is FDA approved for the treatment of opiates (Percocet, Oxycodone, Vicodin, etc.), heroin and alcohol addiction. Revia has been very ineffective due to poor patient compliance because it requires daily dosing. Our proprietary naltrexone pellets are inserted under the skin in a simple in-office procedure. The pellet provides a slow steady release of the naltrexone for up to six months.

## WHY DO WE USE THE PELLETT FORM?

In just a few hours following the procedure, the reward of getting "high" is no longer possible. The treatment also eliminates the cravings that make long term success difficult and relapse common. Because of these incredible benefits of naltrexone pellet therapy, 100% of our patients successfully avoided relapse during the period of therapeutic naltrexone levels -- which can be up to six months. This treatment can and should be repeated until the patient successfully deals with the emotions and life issues that lead them to their addictive behavior and is no longer at risk for using.

## END THE VICIOUS CYCLE

Addicts struggling with recovery predictably go through five, ten or more cycles of excruciating opiate withdrawal, then periods of brief sobriety only to relapse into using again. When combined with an Intensive Outpatient Program (IOP), 12-Step, and/or therapy, naltrexone pellet therapy is the most effective and affordable treatment to end this vicious cycle.



“ After 5+ years of unsuccessful treatments, my daughter continued to relapse. Her inability to stay clean forced me to resign myself to believe that one day I'd get a call informing me my daughter had died from an overdose. I am so incredibly grateful that we discovered the naltrexone pellet treatment and that Dr. Nelson was able to provide this life saving treatment. After three pellet treatments, my daughter has just celebrated her two+ year anniversary of sober living. She's excited about life and just told me "I never thought I'd ever feel happy again without drugs." She just started working at the drug rehab center she visited so many times during her five-year period of rehab and relapse. Thank you Dr. Nelson for saving my daughter's life. ”  
- Mother of successful patient

## WHAT IS CHASING THE DRAGON?

Here are some important facts you need to know:

- Over 4 million people currently suffer from opiate and heroin addiction in the US.
- Opiate prescriptions and accidental deaths from overdose both have increased 400% in the last 10 years.
- Overdose is now the leading cause of accidental death in the US.
- Every day 180 addicts die from an overdose of heroin and opiate drugs.

These facts are a reflection of the ease of obtaining the drugs and the near impossibility of long term

sobriety utilizing commonly prescribed, ineffective treatments such as Suboxone, Methadone, or abstinence following detox.

Chasing the Dragon refers to the tolerance that predictably develops with opiate use. Once a person is "Chasing the Dragon," they need more and more of the drug to obtain that elusive high. If they want to stop, they can't because the symptoms of withdrawal are so incredibly intolerable and the cravings are so strong.

## WHAT IS COLD TURKEY AND KICKING THE HABIT?

Detox centers can help with the debilitating symptoms of acute opiate withdrawal (anxiety, insomnia, diarrhea, vomiting, restless leg, hot/cold sweats with goose bumps "cold turkey" and severe muscle spasms "kicking the habit")

but the one-year relapse rate is 85% - the highest of all addictions.

Long term abstinence from opiates is so difficult because the addictive habits of using are "hard wired" into the nervous system. The cravings may seem to be under control for relatively long periods of time, but when extreme boredom or intense emotional events trigger a "stress response," the addict reacts like Pavlov's dog and is subconsciously driven to use before they realize what they are doing. The long term successful patients should continue to receive pellet therapy until they have successfully eliminated the conditioned response by effective counseling, journaling, hypnosis, Neuro Linguistic programming, Eye Movement Desensitization & Reprocessing, Neuro Emotional Technique, Emotional Freedom Techniques, or other mind-body therapy.